



**YES
TO LIFE**
YOUR OPTIONS
FOR CANCER

A - Z
FUNDRAISING
DO YOUR OWN THING

*Yes to Life is a registered charity in England and Wales with Registered Charity
No: 1112812 and Company No: 05495576
The Energy Centre, Bowling Green Walk, London N1 6AL, Telephone: 0845 257 6950
office@yestolife.org.uk | www.yestolife.org.uk*



ABSEIL

Scale the dizzy heights of a local landmark.

**AFTERNOON
TEA**

Put the kettle on and get baking! Entertain guests with raffles, auctions, tombola's & live music.

ARTS/CRAFTS

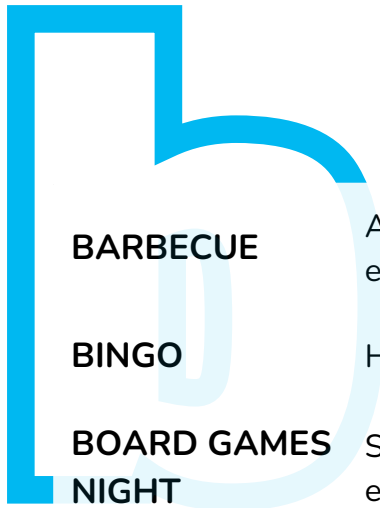
Get artsy with your favourite craft to sell at your local market! Make jewelry, crochet hats, paint portraits, whatever calls to you.

**ART
EXHIBITION**

Stage an exhibition for local artists! Charge an entrance fee and commission.

AUCTION

Auction off original items, art, experiences, or services! Donate a percentage of the sale.



BARBECUE

Add stereo, football and rounders bats and make it a whole day's event!

BINGO

Host a one-off evening or make it a recurring event!

**BOARD GAMES
NIGHT**

Set up a bring your own game night at your local café! Charge for entrance or pay-to-play.

BOOK SWAP

Ask people to bring their books to swap for ones they haven't read! Pay per book or charge at the door.

BUNGEE JUMP

Raise money to fly in the face of fear!





CAKE STALL

Cakes, cupcakes, cake pops, oh my! Sell your best at local fairs or markets.

CAR BOOT SALE

Clear out the clutter and cash in on your old belongings! Make it a whole day by inviting others to participate and donate a percentage of sales.

CAR WASH

Wash cars in your neighbourhood for a donation!

CAROL CONCERT

Host a festive concert for your community. Earn extra by selling minced pies & mulled wine.

COFFEE MORNING

Meet at your favourite coffee shop for an open house to learn more about Yes to Life.



DANCE

Barn, disco, salsa, ballroom - whatever makes you groove!

DARTS TOURNAMENT

Challenge all the pub teams in the area to compete for cash prizes, or a barrel of beer.

DINNER PARTY

Invite your friends and family over for an evening! Ask them to donate instead of bringing anything for the table.

DOG SHOW

Charge proud pet-owners to show off their pooches. Elevate it by asking pet shops to sponsor the event!





EAT-A-THON

Get sponsored to stuff your face! Choose your favourite food and do your best.

EASTER EGG HUNT

Edible hide and seek! Charge entry fee and ask confectioners to provide the eggs.

EBAY

Sell your old, rare, or vintage things and donate a percentage!

EUROVISION PARTY

Each contestant chooses to represent a country in this exciting karaoke-off!



FACE PAINTING

Get creative with face paints at fetes, fairs, and children's parties.

FANCY DRESS

Jazz up your event with a fancy-dress contest! Charge entrance fee.

FILM EVENING

Recreate an evening of vintage cinema by showing classic films and musicals.

FLOWER ARRANGING

Make your own fresh, dried or silk arrangements to sell at craft fairs or fetes! Boost funds with competitions, advice corners & side stalls.

FUN FIELD DAY

Arrange games, music, competitions and stalls at a nearby park!





GAME SHOW Host mock version of your favourite game show! Have contestants try their luck for prizes.

GARAGE SALE Sell off all your unwanted belongings to your neighbours!

GARDEN PARTY Sell tickets or invite guests to make a donation during a lovely afternoon party!

GARDENING Offer your gardening services to friends and family for a donation.

GREETING CARDS Make and sell cards for every occasion online or at your local market!



HALLOWEEN PARTY Any excuse to dress up and party! Give a prize for the best costumes.

HEAD SHAVE Collect donations to shave your head in honour of someone you love.

HIKING Challenge yourself to hike for a good cause!

HOUR OF EARNINGS Encourage your coworkers to donate an hour of their earnings!





ICE CREAM PARTY

Perfect for those hot, summer days! Ask families to donate to get a scoop with their favourite toppings.

IMPROV NIGHT

Invite your local troupe or host a night of improv games!

INTERNATIONAL FOOD PARTY

Celebrate cuisines from all over the world while raising funds!



JAZZ NIGHT

Play your own brand of jazz or stage a show for local musicians. Sell tickets and refreshments.

JIGSAW PUZZLE CONTEST

Who can solve the puzzle first? Ask for donations to participate and reward winners with prizes!

JEWELRY-MAKING

Buy your own beads and get threading! Sell your products at markets and craft fairs or host a jewelry-making party.



KARAOKE

Arrange your own Pop Idol contest. All you need is a machine, a room and a well-stocked bar!

KICK A BAD HABIT

Challenge yourself and others to stop a bad habit for a month while raising funds!

KNITTING

Sell your creations to help with the chilly weather!





**LAS VEGAS
NIGHT**

A glamorous casino evening with games, drinks, and fun decorations!

LINE DANCING

It's all the rage. Just make sure you have a caller and plenty of drink!

LIVESTREAM

Play games, chat, draw, or whatever you'd like to raise money live!

**LOOSE
CHANGE
CHALLENGE**

Encourage people to donate whatever change they have on them. Great to have at a local business or the office!



MARATHON

Get sponsored to run a traditional 26.5-mile race! Check out our list of featured runs [here](#).

**MEDEIVAL
EVENING**

Themed evening of medieval food, drinks, and entertainment. Add some dragons and magic to make it into a fantasy night!

**MILE OF
PENNIES**

You need a little over 7,900 pennies face-to-face to make a mile. Look in your pockets and under sofa cushions!

**MURDER
MYSTERY
PARTY**

A classic who-dunit night! Make it a ticketed event and add a costume theme for your guests.

**MUSIC
CONCERT**

Entertain the crowds with your own recital or hire bands of musicians.



NATURE TRAIL

Offer guided walks to natural beauty spots! Great if you also have knowledge of birds, flora, foraging, or history.

**NEW YEAR
RESOLUTIONS**

Get sponsored to stick to your new year's resolutions! Need some inspiration? Sign up for the **New Year's Marathon Challenge!**

**NIGHT-IN
PARTY**

Light some candles and host a cosy party with everyone's favourite snacks, drinks, games, and movies. Guests can show up in their pyjamas or their most comfortable outfit!



**OLYMPICS
CHALLENGE**

Groups represent countries through park games and obstacle courses! Pay to play with your team and don't forget the medals for the winners!

OPEN GARDEN

Open your garden to visitors! Sell tickets, refreshments, plants and vegetables.

**OPEN MIC
NIGHT**

Entertain the crowds with your own recital or hire bands of musicians!

OPERA NIGHT

Stage an opera evening in your area or arrange a trip to see a big London production.

**OUTWARD
BOUND**

Go climbing, hiking, camping, etc, in preparation for your trip. Seek sponsorship from your loved ones!



PAINTBALLING

Organise paintballing challenges at locally run centres. Players pay to enter.

**PARACHUTE
JUMP**

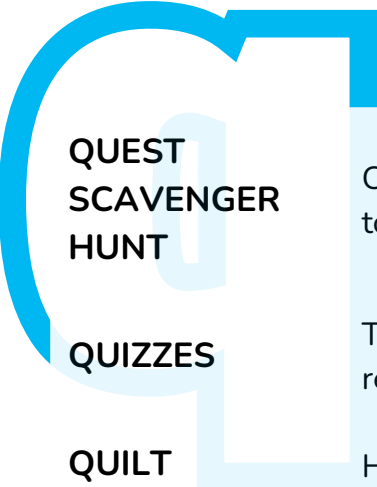
Daredevils, get ready! Get sponsored to take the plunge from an incredible height!

**PERSONALISED
GIFTS**

Sell uniquely personalised gifts for special occasions!

PICK A CORK

Pick a numbered cork out of a board. If the number's a winner, claim a prize!



**QUEST
SCAVENGER
HUNT**

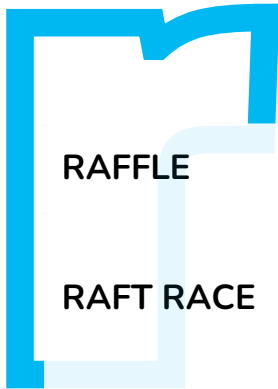
Create a list of items, locations, riddles, etc. for teams or individuals to find. First to finish, wins!

QUIZZES

Test your community at the local pub! Add a theme and make it a regular thing.

**QUILT
COMMUNITY**

Have your community chip in with their own fabrics, t-shirts, and thread to create a beautiful quilt representing your town!



RAFFLE

Ask local firms to donate prizes and sell tickets!

RAFT RACE

Teams compete by building their rafts and racing over a set distance! Rafts could be as simple as rubber ducks or as complex as wooden boats.

READ-A-THON

Read as many books or pages as you can in a span of time, from 24 hours to a month! A great activity to do with kids.

RECIPE BOOK

Publish favourite recipes from local restaurants and chefs!

REFRESHMENTS

Sell teas, coffees, sandwiches, biscuits, cakes, etc, at any local event!



**SECRET
SANTA**

Get your friends, family, or coworkers together to draw a name and do a friendly gift exchange!

SKYDIVING

Free fall your way back to earth for a good cause!

SPELLING BEE

How many words can you spell? Grab a dictionary and test your community at the local pub or café!

SPORTS DAY

Get to park to play your favourite game! Have guests pay to play and sell treats for donations.





Discover Britain's next big thing with your own talent show!
Charge entry and offer prizes.

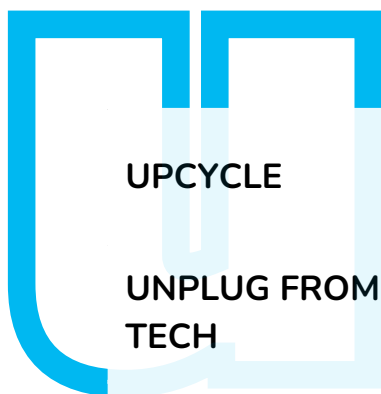
Pick a raffle ticket out of a barrel and match it with a ticketed prize.
Fair & fete favourite!

TOY SALE

Whether they're pre-loved or brand new, a toy sale is popular in the holidays!

TREASURE HUNT

Sniffing out the clues, teams compete against each other to discover the 'hidden treasure'.



One person's trash can be transformed into another person's treasure! Get creative and sell at a local crafts fair.

Challenge yourself and your family to step away from unnecessary tech and raise money for every hour you can manage!

UNWANTED PRESENTS

Arrange a post-Christmas sale of unwanted gifts. Ask traders to donate a cut of their takings.





Comedians, magicians, singers, dancers & musicians all under one roof.

Tetris, Super Smash Bros, Fortnite, and more! Choose your favourite competitive game and see who comes out on top.

Get your community together and host a village fair with stalls, entertainment, and food! Great during the holidays.



Lead organised walks to historical spots and places of interest. Ghost walks are also popular!

A hair-raising experience! How much would you pay to see someone waxed?

Charge to wash windscreens to your friends and family cars.

WOODCUTTING Offer to prune trees or chop firewood for friends and family.



Create your own xerox collage art prints or teach others how to do it! Easy and fun for the whole family.

The truth is out there! Host an alien party with themed drinks and “spooky” games.

Stock up on crackers, pudding and mince pies. Break with tradition by holding it in July!





Grab your mat and head to the park with your friends and family! Love it? Make it a weekly meeting!

Create and sell a yearbook for your friends and family with your favourite memories, pictures, and quotes. Don't forget to have them sign it!



Challenge yourself and your coworkers to have a day where you create zero waste! Ask for donations to participate and give a prize to the winner (or split the donations).

Dress up as your favourite animal for this zoo-themed party! A popular one with kids.

**ZOOM
WORKSHOPS**

Have a talent you can share with others? Teach it through a zoom workshop! Cooking, art, writing, whatever you like!

If you want to organise your own fundraising event and need some help, please contact our Community Fundraiser Officer at rafaela.pelegrina@yestolife.org.uk



Learn more at yestolife.org.uk | Questions? Email rafaela.pelegrina@gmail.com